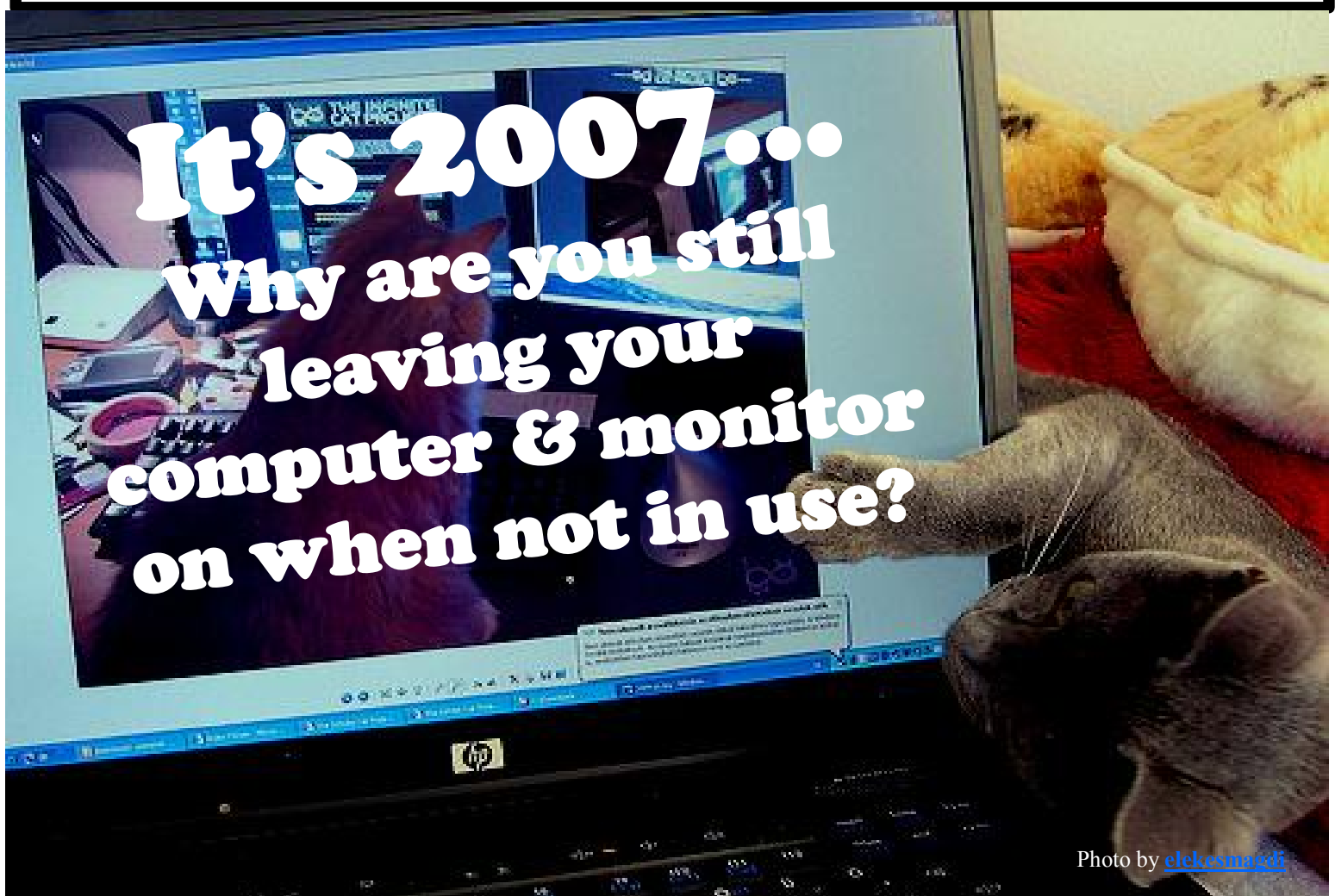


Harvard Longwood Campus

# Green Tip of the Month



**Turning your computer off** every night is NOT bad for your computer; it can save it from mechanical wear and heat stress.

**Screensavers DO NOT save energy**– avoid them at all costs!

**Enable power management** on your computer to have your monitor turn off automatically when you are not using it.

If all 8,000 computer users on the Longwood Campus enable sleep mode and shut down at night, it would be the same as taking 330 cars off the road for one year!

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Enable power management on your computer to have your monitor turn off automatically. On PCs: go to the control panel, and then power options. On Macs: