A picture containing text, sign

Description automatically generated

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1. **The following statements ask about your thoughts and feelings in a variety of situations. For each statement, indicate how well it describes you by choosing the appropriate number on a scale from 0 to 4: [3]**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 0 (does not describe me very well) | 1 | 2 | 3 | 4 (describes me very well) |
| a. I enjoy interacting with people from different cultures. |  |  |  |  |  |
| b. I am confident that I can socialize with people from a culture that is unfamiliar to me. |  |  |  |  |  |
| c. I am sure I can deal with the stress of adjusting to a culture that is new to me. |  |  |  |  |  |
| d. I enjoy living in cultures that are unfamiliar to me. |  |  |  |  |  |
| e. I am confident that I can get accustomed to shopping while in a different culture |  |  |  |  |  |

1. **The following statements ask about your thoughts and feelings in a variety of situations. For each statement, indicate how well it describes you by choosing the appropriate number on a scale from 0 to 4: [4]**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 0 (does not describe me very well) | 1 | 2 | 3 | 4 (describes me very well) |
| a. I feel irritated when people of different racial or ethnic backgrounds speak their language around me. |  |  |  |  |  |
| b. I feel annoyed when people do not speak standard English. |  |  |  |  |  |
| c. I get impatient when communicating with people from other racial or ethnic backgrounds, regardless of how well they speak English. |  |  |  |  |  |
| d. I do not understand why people want to keep their racial or ethnic cultural traditions instead of trying to fit into the mainstream. |  |  |  |  |  |
| e. I don't understand why people of different racial or ethnic backgrounds enjoy wearing traditional clothing. |  |  |  |  |  |

1. **The following statements ask about your thoughts and feelings in a variety of situations. For each statement, indicate how well it describes you by choosing the appropriate number on a scale from 0 to 4: [4]**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 0 (does not describe me very well) = | 1 | 2 | 3 | 4 (describes me very well) |
| a. I am aware of how society treats racial or ethnic groups differently than my own. |  |  |  |  |  |
| b. I recognize that the media often portrays people based on their racial or ethnic stereotypes. |  |  |  |  |  |
| c. I can see how other racial or ethnic groups are systemically oppressed in our society. |  |  |  |  |  |
| d. I am aware of institutional barriers (e.g., restricted opportunities for job promotion) that discriminate against racial or ethnic groups other than my own. |  |  |  |  |  |

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