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| Block | Learning style  | Learning objective*“The participant should be able to...”* | Outcomes/impact |
| Short-term | Medium-term | Long-term |
| 1 | Skills Acquisition | 1 | Identify and articulate examples of negative and risky online behaviors  | Improved self-regulation online | Improved online decision-making | Safer online behavior |
| 2 | Understand the online disinhibition effect |
| 3 | Identify and articulate specific online risks and hazards |
| 4 | Understand differences between online and offline milieus |
| 2 | Skills Acquisition | 1 | Understand psychology of in-group vs. out-group | Improved perspective-taking  | Improved out-group attitudes |
| 2 | Understand and articulate examples of prejudice |
| 3 | Understand and articulate examples of discrimination |
| 4 | Understand and articulate the link between prejudice and discrimination  |
| 3 | Skills Application | 1 | Identify specific problems that can be encountered online | Improved problem-solving skills | Improved online decision-making |
| 2 | Define and deconstruct specific online problems  |
| 3 | Generate effective strategies to solve specific online problems |

Improved online self-regulation

Improved online decision-making

OPERATION 250

Improved problem-solving

ACTIVITIES

OUTCOMES

Improved perspective-taking

Improved out-group attitudes

Safer online behavior

IMPACT