A picture containing text, sign

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*If you intend to use this questionnaire for your project, please cite the publication [1, 2] and inform the authors by sending an e-mail to* [*preparedness@hsph.harvard.edu*](mailto:preparedness@hsph.harvard.edu)

1. **How much time do you, on average, spend using the internet each day NOT including for school work (phone, gaming system, computer, tablet (iPad), etc.)?** *Check* ***only one*** *box.*
   * Less than 1 hour
   * 1 hour or more but less than 3 hours
   * 3 hours or more but less than 6 hours
   * 6 hours or more
2. **Think of your social media account that has the greatest number of followers or friends.** *Please check the answer that best shows how* ***many people on this account you have met in person****. Check* ***only one*** *box.*

* Some of them
* Most of them
* All of them
* I don't have any social media accounts
* I am not sure how many

1. **During the past** [**insert relevant time frame**]**, how often did you chat or communicate with friends or individuals on social media whom you have NOT MET in person?**

*Check* ***only one*** *box.*

* Very frequently
* Frequently
* Occasionally
* Rarely
* Very rarely
* Never
* I do not have any social media accounts

1. **During the past** [**insert relevant time frame**]**, did you remove any of your followers or friends from your social media account(s) that you had NOT met in person?** *Check* ***only one*** *box.*

* Yes
* No

1. **During the past** [**insert relevant time frame**]**, when you were online, how often did you send someone you had not met in person personal information about yourself?**

* Very frequently
* Frequently
* Occasionally
* Rarely
* Very rarely
* Never

1. **During the past** [**insert relevant time frame**]**, when you were online, how often did you download a file a stranger sent to you?**

* Very frequently
* Frequently
* Occasionally
* Rarely
* Very rarely
* Never

1. **During the past** [**insert relevant time frame**]**, when you posted on social media, how often did you mention or tag the town you live in, your school’s name, your location, or other personal information?** *Check* ***only one*** *box.*

* Very frequently
* Frequently
* Occasionally
* Rarely
* Very rarely
* Never
* I do not have any social media accounts

1. **To the best of your knowledge, how often do your friends chat/ communicate with individuals on social media whom they have never met in person?** *Check* ***only one*** *box.*

* Very frequently
* Frequently
* Occasionally
* Rarely
* Very rarely
* Never
* I don’t know

1. **During the past** [**insert relevant time frame**]**, how often did you chat/ communicate with people that you didn’t know while gaming?** *Check* ***only one*** *box.*

* Very frequently
* Frequently
* Occasionally
* Rarely
* Very rarely
* Never
* I do not play video games

1. **Do you think it is important for you to learn about how to be safe online?** *Check* ***only one*** *box.*

* Not Important
* Important
* Very Important
* Not sure

1. **Do your parents/guardians ever ask you about what you are doing online?**

*Check* ***only one*** *box.*

* I am never online
* My parents/guardians **do not** ask me about what I do online
* My parents/guardians **occasionally** ask me about what I do online
* My parents/guardians **frequently** ask me about what I do online
* I think my parents/guardians check on my computer and devices to **monitor** what I do online

1. **Do your parents have rules for what you are allowed to do online?**

*Check* ***only one*** *box.*

* My parents do not have rules for what I can do online
* My parents have a few rules, but they do not check to see if I follow them
* My parents have a few rules, and they check to see if I follow them
* My parents have many rules, but they do not check to see if I follow them
* My parents have many rules, and they check to see if I follow them

1. Harriman, N., et al., *Youth Exposure to Hate in the Online Space: An Exploratory Analysis.* International Journal of Environmental Research and Public Health, 2020. **17**(22).

2. Savoia, E., et al., *Adolescents’ Exposure to Online Risks: Gender Disparities and Vulnerabilities Related to Online Behaviors.* International Journal of Environmental Research and Public Health, 2021. **18**(11).