

# THE ECO MOSQUITO

SUSTAINABILITY NEWS AND EVENTS AT HSPH AND BEYOND

ISSUE 21, MAY 2014

Do you find yourself feeling differently about Boston lately? Perhaps you spent the last few months grumbling and even questioning some life choices, and now you look around and feel a real affection for the place. Not to worry, this sudden change of heart is very common in the spring in New England, so ride the springtime high and enjoy the months ahead!

## Life in the Bike Lane



You prepped your thighs and glutes for summer exercise with the Take the Stairs campaign, and now the weather's fine and it's time to get outside and be active. What's that you say? You have no time for exercise because you spend so much time here at work? We have a solution! Why not get to work and home again on bike? Boston is a great biking city filled with dedicated bike lanes and awesome scenery, but if you're new to city biking, it

can also be a little intimidating to get out on the road. Here are some tips for safe biking in Boston:

- Under Massachusetts law, bikes are considered vehicles and have every right to use the roads. But this also means that bikers are obligated to obey all traffic laws, including yielding and stopping at red lights and stop signs
- Use hand signals to let people know you plan stop or turn
- You must use a white headlight and red taillight or rear reflector when riding at night
- Always stop for pedestrians crossing the street – even if they are not in a crosswalk
- Try to avoid riding in the “door zone” by staying at least three feet away from parked cars—sometimes people open their car doors without looking first!

Check out the Harvard Longwood Bicyclists website at [hsph.harvard.edu/bikes](http://hsph.harvard.edu/bikes) for loads of information about bike resources right here on campus, like bike cages, repair stations, and bike safety and maintenance classes coming up in June!

## DON'T MISS THIS

The **Green Team** meets again to share ideas and snacks on Wednesday, **May 21** from 11-12pm in FXB G03. You know you are always welcome to join us, right? We hope you will!

Now that you are all excited to bike around Boston, join the Harvard Longwood Bicyclists for free bike classes in June:

**Bike Maintenance for Beginners**, June 4, June 11, and June 20 at 12:30pm. Space is limited; RSVP to [bikes@hsph.harvard.edu](mailto:bikes@hsph.harvard.edu)

**Urban Bike Commuting 101**, June 10 at 12:30pm in FXB G13

**Hubway for Beginners**, June 18 at 12:30pm at the Hubway Station on Avenue Louis Pasteur

Check [hsph.harvard.edu/bikes](http://hsph.harvard.edu/bikes) for more information.

## DID YOU KNOW?

In a park not too far away from where you are now, there's an oasis of fragrant rose blossoms just waiting for you to give them a sniff. Even on a sunny day, it's easy to get cooped up in your lab or office. But here on the Longwood Campus, we are lucky enough to be next door to the beautiful Back Bay Fens, which houses the Kelleher Rose Garden. If you're not sure how to get there, join the Green Team as we embark on a “Summer City Safari” to the Kelleher Rose Garden at lunchtime on Tuesday, June 17. We'll meet at the Kresge entrance at 12:30pm, so come and smell the roses with us!



## GREEN ~~TIPSTER~~ MONSTER

You know what really ruins the sight of a beautiful, blossoming tree? A plastic bag stuck in its branches. Help Boston's trees as they show off this spring. If you see a plastic bag flying around, please grab it before it ruins someone's perfect Instagram shot!

## Agents of G.R.E.E.N.

They don't wear their capes every day, so you might not realize that there are heroes among us, but the University has recognized two of our campus mates for being just that—“Harvard Heroes.” David Havelick, program manager in the department of Epidemiology, was recognized for his leadership of the HSPH EcoOpportunity green team, to which he truly devotes his heart and soul. With his boundless energy and love of biking, David has been a real force for good at our School. Heather Cristiano, records management assistant at the Countway Library, has also been recognized for her creativity and enthusiasm in organizing and managing the Countway Community Garden. Heather's efforts have made our campus a greener, more beautiful and fun place to work. Who knows how they manage to do it, as both Heather and David dedicate all their green efforts on a volunteer basis. We salute their energy and thank them for their hard work!



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