

THE **Eco Mosquito**

SUSTAINABILITY NEWS AND EVENTS AT HLC AND BEYOND

ISSUE 44, AUGUST/SEPTEMBER 2016

A special note from our friends in HR (who are great supporters of EcoOpportunity), be sure to check out their latest offerings in career development and training by visiting hsph.me/1p5

Countway Community Garden's 2016 Harvest Festival Celebration Now a 2-day Event!

Featured Presenter: Heather Jackson-Wise, MPH
and the Secret Garden of Your Microbiome

**Day 1: Wednesday, September
14th 12:00pm-1:00pm**

Waterhouse Room; Gordon Hall;
HMS. Healthy snacks to follow!

This year's Countway Community Garden Harvest Festival will be kicked off by a presentation by Heather. Hear about the latest science on the gut microbiome and nutrition therapy to help get rid of sugar cravings, reduce bloating, lose weight, improve your mood and increase your energy.



Day 2: Thursday, September 15th 4:00pm-6:00pm
Volunteer Harvest Celebration and Potluck:
Countway Community Garden
(Rain Date: Friday, September 16th)

Celebrate a successful 2016 growing season! Bring a snack to share, and enjoy home-made tea from our herb garden. Featuring live music from the **Countway Band!**



RE(DESIGN) INNOVATION CHALLENGE

This case-based challenge invites Harvard students to propose a redesign of an urban green space in the LMA.

Monetary awards for Top 3 Teams!

Teams of 4-5 Students will address key **Health, Research, & Sustainability** challenges! green.harvard.edu/reinnovate

DID YOU KNOW?

Some quick tips on conserving water:

1. Turn off the water while brushing your teeth
2. Take shorter showers
3. When doing laundry, match the water level to the size of the load

Harvard Longwood Bike Fair

The annual Bike Fair returns to Harvard's Longwood Campus on Wednesday, September 21st. Join us on the HMS Quad Promenade from 11:30am-1:30pm and bring your bike! The day includes:



- Free basic tune-ups and giveaways
- Mini classes on maintenance, safety, and bus bike racks
- Bike vendors and info for area cyclists

For more information, visit:

hsph.harvard.edu/bikes

DON'T MISS THIS!

Sept 14 @ 12:00-1:00pm – The Secret Garden of Your Microbiome in the Waterhouse Room in Gordon Hall. Healthy snacks to follow!

Sept 14 @ 11:59pm – Registration deadline for Re(Design) Innovation Challenge green.harvard.edu/reinnovate

Sept 15 @ 4:00-6:00pm - Countway Community Garden Harvest Festival Potluck (raindate: Sept 16 @ 4:00-6:00pm)

Sept 21 @ 11:30am-1:30pm – Harvard Longwood Bike Fair on the Quad Promenade at HMS (raindate: Sept 22, 11:30am-1:30pm)

Sept 21 @ 2:00-3:00pm - EcoOpportunity Meeting, SPH, Kresge Room 202A

