



Massachusetts Department of Public Health

Division for Children and Youth with Special Health Needs

Health Transition Toolkit

Presenters:

Elaine Gabovitch, MPA, Director, MA Title V Division for Children & Youth with Special Health Needs

Amy Benison, MPH, Program Support Specialist, Division For Children & Youth with Special Health Needs

HSPH Fellowship Presentation
September 5, 2023





Health Transition

Health Transition

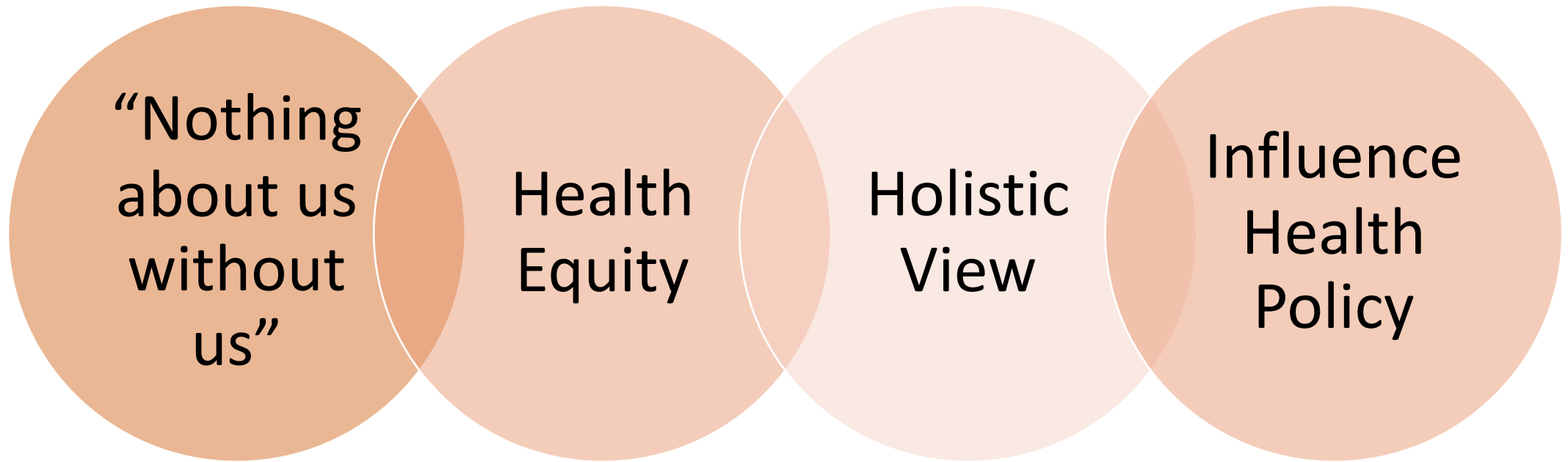
- Transferring physicians, managing your own health and healthcare, navigating insurance and policy changes, encountering new health challenges, defining your own version of independence, exercising self-determination

Health Transition Toolkit

- Multi-year project with multiple cohorts of interns and fellows
- Guide young people with special health needs as they transition from pediatric to adult health care and into adulthood
- Topics include Health Care, Self-Management & Personal Health, Public Benefits, Advocacy, Caregiver & Family Wellbeing, Community Support, Guardianship, Sexual & Reproductive Health, Mental Health, Oral Health, Healthy Lifestyles (Nutrition, Physical Activity & Substance Use Prevention)



The Importance





Opportunities



Learn about historical and national policy impacts on the current state of health for YYASHN and PWD



Influence future state policy and practice through engagement with stakeholders and lifting up what matters most to them



Develop project planning, management and evaluation skills



Take part in a unique major health communications and education project that addresses holistic health and aims to reduce stigma



Learn about the internal processes and procedures of state government



Work at the MDPH: A national public health leader



Tasks



Utilize project planning and management skills to review, edit and format toolkit sections in sequence



Assist with a soft launch pilot that rolls out toolkit sections to a limited audience before full launch



Seek feedback from young adults with special health needs



Gather test data and potential user feedback using CQI methods



Interview key informants and subject matter experts, such as MCAAP and the Got Transition National Center



Work with senior DPH, Bureau, and Division leadership to review and approve the final product

Thank You for Listening!



For more information, please contact:

Amy.Benison@mass.gov