



**HARVARD**  
**T.H. CHAN**

**SCHOOL OF PUBLIC HEALTH**  
Department of Global Health  
and Population

# Department of Global Health and Population Internship Opportunity

**Project Title:** Trends in sales of healthy foods in the cafeteria after an intervention to improve diet quality in a workplace setting in Nepal

**Mentor(s):** Archana Shrestha; Donna Spiegelman

**Duration:** 3- 4 months

**Suited for:** Masters Students

**Contact:** Archana Shrestha ([shrestha@hsph.harvard.edu](mailto:shrestha@hsph.harvard.edu)), and

Donna Spiegelman ([stdls@channing.harvard.edu](mailto:stdls@channing.harvard.edu))

**Project Description:** Workplace cafeterias may help promote healthy foods. We implemented an intervention to promote healthy foods (whole grains, fruits, vegetable, healthy oil) in the cafeterias in a workplace in Nepal. The objective of the project is to examine the sales of healthy and unhealthy foods during the periods before and after the intervention. The primary responsibilities of the intern will be to develop a detail protocol, analyze the data and prepare a manuscript.

**Compensation:** Funding for internships is limited and course credit may be possible for some students. Please contact us for more information.