



## ALL WELL CHILD VISITS AGE 3—18

*Check – In: Front Desk*  
Everyone is given the age appropriate 5-2-1-0 survey

*Check –In: CNA / MA*  
Height, weight measured and BMI %'ile for age/gender is calculated, classified as underweight, healthy weight, overweight or obese and documented in appropriate part of patient chart

5-84%'ile age/gender  
"Healthy Weight"

85-94%'ile age /gender  
"Overweight"

≥95%'ile age/gender  
"Obese"

Provider  
  
GOOD JOB!  
Reinforce healthy habits (eating & physical activity) and check BMI %'ile age/gender annually

Both with and without comorbidities

Provider

1. Review the 5-2-1-0 survey with patient/caretaker and document in chart
2. Assess patient / family readiness for change
3. Discuss concept of goal setting
4. Set goal if appropriate or wait for follow up appointment
5. Ask patient to schedule follow up contact on way out

CHOOSE FROM THE FOLLOWING OPTIONS  
for completion of in-depth physical activity & nutrition surveys

If time left for this appointment, patient fills out in depth surveys in exam room while PCP tends to other patients. PCP returns to review & set goals.

Patient fills out in depth surveys in waiting room and leaves for PCP to review during next scheduled visit.

If patient can't stay to fill out they can either bring in depth surveys home & mail back to PCP office before next visit or staff can put surveys in chart with note to be completed in waiting room during next visit.