

STRIPED

A PUBLIC HEALTH
INCUBATOR

Strategic Training Initiative for the Prevention of Eating Disorders

Fact Sheet

What is STRIPED?

STRIPED is a graduate-level training initiative based at the Harvard T.H. Chan School of Public Health (Harvard Chan School) and Boston Children's Hospital (BCH) in the Division of Adolescent and Young Adult Medicine. We bring together experts in eating disorders, public health, adolescent preventive medicine, health law, policy, geography, economics, decision sciences, and other disciplines to create a *public health incubator*, a place where transdisciplinary collaborations catalyze crosscutting, innovative approaches to eating disorders prevention.

- Students enrolled in the master's or doctoral degree programs at the Harvard Chan School, students in the wider Harvard University community, and clinical fellows at BCH can take part in STRIPED research and practicum opportunities, individually mentored study, and seminars.
- Doctoral students and postdoctoral fellows at the Harvard Chan School and BCH can apply for financial support through the STRIPED Dissertation Award in Eating Disorders Prevention Research.

What is the mission of STRIPED?

To train the next generation of health professionals to harness the power of public health to prevent eating disorders and related problems with food, weight, and appearance. We strive to create a society where girls and boys alike can grow up at home in their own bodies.

How is STRIPED unique?

- STRIPED is the first graduate-level training initiative dedicated to the prevention of eating disorders and related problems with food, weight, and appearance based in a school of public health in the United States or globally.
- We bring public health and transdisciplinary perspectives to all of our work, with a unique focus on how the environment – including economics, policy, law, media, industry, and more – contributes to eating disorders. We recognize the potentially powerful role that policy can play in prevention and prioritize policy-targeted public health research in our portfolio of projects and training opportunities.
- Our initiative is a public health incubator, designed to cultivate novel insights and strategies for prevention. We introduce trainees to a rich array of disciplinary perspectives, methodologies, and theories and provide them with opportunities to join crosscutting collaborative teams.

What makes STRIPED a strategic training initiative?

As a cross-institution collaboration of the Harvard Chan School and BCH, our training initiative leverages the vast expertise of two world-renowned centers of health professional education. Through all facets of our initiative, we work toward two mission-defining goals:

- 1) Infuse the Harvard Chan School and BCH Adolescent Medicine curriculum and training experience with state-of-the-art education on prevention of eating disorders and promotion of health and wellness related to food, weight, and appearance.
- 2) Prepare trainees with the transdisciplinary expertise they need to enter the health professional workforce and have a positive impact on preventing eating disorders and creating a society where girls and boys, women and men can have healthy relationships with food and their bodies.

We are accomplishing these goals with a carefully planned approach to student and professional training that fits seamlessly within the overall Harvard Chan School and BCH Adolescent Medicine academic experience through:

- 1) Case-method teaching
- 2) Academic seminars
- 3) Field work practicum opportunities
- 4) Research opportunities
- 5) Individual mentoring through independent study
- 6) Policy translation opportunities

Who are the faculty leading STRIPED?

- S. Bryn Austin, ScD, Director
Professor, Harvard Chan School, Harvard Medical School
- Marie McCormick, MD, ScD, Senior Faculty
Professor, Harvard Chan School, Harvard Medical School
- S. Jean Emans, MD, Senior Faculty
Professor, Harvard Medical School
- Jerel Calzo, PhD, Faculty
Assistant Professor, Harvard Medical School
- Holly Gooding, MD, MS, Faculty
Assistant Professor, Harvard Medical School

Learn more about STRIPED at: www.hsph.harvard.edu/striped

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