

SOCIAL & ECONOMIC COST OF EATING DISORDERS IN NEW YORK

Report by the Strategic Training Initiative for the Prevention of Eating Disorders, Academy for Eating Disorders, and Deloitte Access Economics



[LINK TO REPORT](#)



PREVALENCE & MORTALITY



Nine percent of New Yorkers (1,720,267), will have an eating disorder in their lifetime

10,200 deaths per year nationally as a direct result of an eating disorder, equating to 1 death every 52 minutes



EATING DISORDERS AFFECT EVERYONE:



- All ages, starting as young as 5 years old to over 80 years old
- All races, however, people of color with eating disorders are **half as likely to be diagnosed or to receive treatment**¹
- All genders, with females being **2x more likely to have an eating disorder**
- All sexual orientations

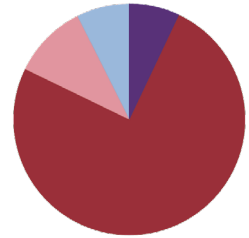
COST TO ECONOMY & SOCIETY IN NEW YORK

\$3.9 Billion } Yearly economic cost of eating disorders

Additional loss of wellbeing per year **\$19.5 Billion**

Cost Breakdown:

- Productivity Losses (\$2.9B)
- Informal Care (\$400.2M)
- Efficiency Losses (\$286.7M)
- Health System (\$274.8M)



COST TO HOSPITAL SYSTEMS:

3,220 ER visits

costing **\$1.8M**

1,407 inpatient hospitalizations

costing **\$12.5M**

LOSS PER GROUP:

\$1.4B Individuals & Families

Caregivers provide 6 weeks of informal, unpaid care per year

\$1.1B Government

\$973.6M Employers

\$424.1M Society

¹Sonneville KR, Lipson SK. Disparities in eating disorder diagnosis and treatment according to weight status, race/ethnicity, socioeconomic background, and sex among college students. International Journal of Eating Disorders 2018; 1-9. Note: State-level data are estimates based on U.S. Census Bureau population statistics (2018). [Link to data.](#)

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