SECTION 1. The section heading of section 804 of the education law, as amended by chapter 390 of the laws of 2016, is amended and a new subdivision 5-a is added to read as follows:

Health education regarding mental health, alcohol, drugs, tobacco abuse, EATING DISORDERS, WEIGHT-STIGMA and the prevention and detection of certain cancers.

5-A. ALL SCHOOLS SHALL INCLUDE, AS AN INTEGRAL PART OF HEALTH EDUCATION PROVIDED FOR ALL STUDENTS IN GRADES SIX THROUGH TWELVE, INSTRUCTION REGARDING THE PREVENTION OF EATING DISORDERS, AND THE PREVENTION OF WEIGHT-STIGMA AS A COMPONENT OF THEIR NUTRITION EDUCATION OR OBESITY PREVENTION PROGRAMS. SUCH INSTRUCTION SHALL BE EVIDENCE BASED AND DESIGNED ACCORDING TO THE AGE-APPROPRIATE NEEDS AND ABILITIES OF THE PUPILS AT SUCCESSIVE GRADE LEVELS, WITH THE PURPOSE OF FOSTERING AND DEVELOPING HEALTHY SELF-IMAGE AND PREPARING PUPILS TO LIVE HEALTHY LIVES. IN DEVELOPING SUCH INSTRUCTION, THE COMMISSIONER SHOULD CONSULT WITH EXPERTS IN EATING DISORDERS PREVENTION.

§ 2. This act shall take effect on the first of September next succeeding the date upon which it shall have become a law. Effective immediately, the addition, amendment and/or repeal of any rule or regulation necessary for the implementation of this act on its effective date are authorized to be made on or before such date.