

SOCIAL & ECONOMIC COST OF EATING DISORDERS IN MARYLAND

Report by the Strategic Training Initiative for the Prevention of Eating Disorders, Academy for Eating Disorders, and Deloitte Access Economics



[LINK TO REPORT](#)



PREVALENCE & MORTALITY

EATING DISORDERS AFFECT EVERYONE:



Nine percent of Marylanders (531,930 people), will have an eating disorder in their lifetime

10,200 deaths per year nationally as a direct result of an eating disorder, equating to 1 death every 52 minutes



- All ages, starting as young as 5 years old to over 80 years old
- All races, however, people of color with eating disorders are **half as likely to be diagnosed or to receive treatment**¹
- All genders, with females being **2x more likely to have an eating disorder**
- All sexual orientations

COST TO ECONOMY & SOCIETY IN MARYLAND

\$1.2 Billion } Yearly economic cost of eating disorders

Additional loss of wellbeing per year **\$6 Billion**

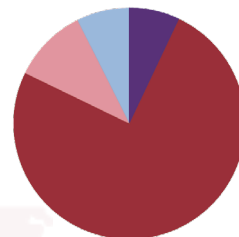
Cost Breakdown:

Productivity Losses (\$897.6M)

Informal Care (\$123.7M)

Efficiency Losses (\$88.7M)

Health System (\$85M)



COST TO HOSPITAL SYSTEMS:

995 ER visits



costing **\$541,165**

435 inpatient hospitalizations



costing **\$3.9M**

LOSS PER GROUP:



\$434M Individuals & Families

Caregivers provide 6 weeks of informal, unpaid care per year



\$326.9M Government



\$301.1M Employers



\$131.1M Society

¹Sonneville KR, Lipson SK. Disparities in eating disorder diagnosis and treatment according to weight status, race/ethnicity, socioeconomic background, and sex among college students. International Journal of Eating Disorders 2018; 1-9. Note: State-level data are estimates based on U.S. Census Bureau population statistics (2018). [Link to data.](#)



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