

SOCIAL & ECONOMIC COST OF EATING DISORDERS IN CALIFORNIA

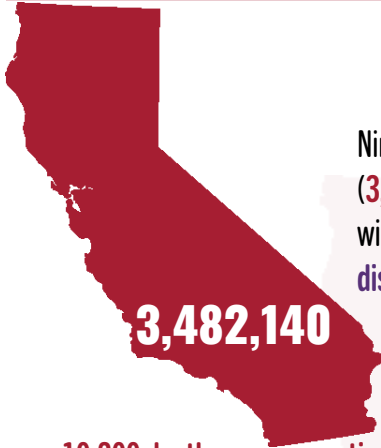
Report by the Strategic Training Initiative for the Prevention of Eating Disorders, Academy for Eating Disorders, and Deloitte Access Economics

STRIPED
A PUBLIC HEALTH INCUBATOR
Strategic Training Initiative for the Prevention of Eating Disorders

[LINK TO REPORT](#)

Academy for Eating Disorders
AED

PREVALENCE & MORTALITY



Nine percent of Californians (3,482,140 million people), will have an eating disorder in their lifetime

10,200 deaths per year nationally as a direct result of an eating disorder, equating to 1 death every 52 minutes



EATING DISORDERS AFFECT EVERYONE:



- All ages, starting as young as 5 years old to over 80 years old
- All races, however, people of color with eating disorders are **half as likely to be diagnosed or to receive treatment**¹
- All genders, with females being **2x more likely to have an eating disorder**
- All sexual orientations

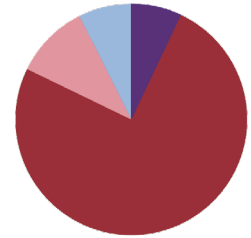
COST TO ECONOMY & SOCIETY IN CALIFORNIA

\$7.8 Billion } Yearly economic cost of eating disorders

Additional loss of wellbeing per year **\$39.5 Billion**

Cost Breakdown:

- Productivity Losses (\$5.9B)
- Informal Care (\$810.1M)
- Efficiency Losses (\$580.4M)
- Health System (\$556.2M)



COST TO HOSPITAL SYSTEMS:

6,519 ER visits



costing **\$3.5M**

2,848 inpatient hospitalizations



costing **\$25.4M**

LOSS PER GROUP:



\$2.8B Individuals & Families

Caregivers provide 6 weeks of informal, unpaid care per year



\$2.1B Government



\$2B Employers



\$858.4M Society

¹Sonneville KR, Lipson SK. Disparities in eating disorder diagnosis and treatment according to weight status, race/ethnicity, socioeconomic background, and sex among college students. International Journal of Eating Disorders 2018; 1-9. Note: State-level data are estimates based on U.S. Census Bureau population statistics (2018). [Link](#) to data.



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