

# Kiosk

March 7, 2013



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## Event Highlight

### VIDEO: New Year's Resolution Google+ Hangout

HSPH nutrition expert Prof. [Walter Willett](#) joined other panelists for a live discussion about sticking to New Year's Resolutions around healthy eating. The event was sponsored by Jamie Oliver's [Food Revolution](#).

[Event calendar >](#)



### VIDEO: Managing Stress

In this March 6 Forum event, panelists examined the effects of stress on health, the role social status plays in increasing or lessening these effects, and the ways in which positive well-being, mindfulness, exercise, and nutrition contribute to a healthier lifestyle.



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### Maternal health advocates push for new global goals

Attendees at a recent conference in Tanzania co-sponsored by HSPH's [Maternal Health Task Force](#) collaborated on a maternal health manifesto, published in *The Lancet*, that they hope will influence global leaders meeting this week to discuss the next development framework.



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### Survey gauges public support for government health interventions

The public is very supportive of government action aimed at changing lifestyle choices that can lead to obesity, diabetes, and other noncommunicable diseases, unless the actions are viewed as intrusive or coercive.

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## Centennial Moments

*Successes, stories, and surprising facts as the School approaches its 2013-2014 centennial.*



[Alice Hamilton: Harvard's First Lady](#)

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## Research News





### Experts exchange ideas on combating deadly foe — tobacco

Experts from 35 countries gathered to trade ideas on anti-tobacco strategies.



### Crash course in healthy cooking aims to help docs better help their patients

Health professionals learn the latest in nutrition science and gain training in cooking healthy meals.



### Translating epidemiology research into real-world policy changes

HSPH hosted a symposium on “translational epidemiology” on February 20.

Study finds Mediterranean diet reduces heart disease risk

Reported cure of HIV-infected child generates widespread interest, hope

HSPH team documents public health concerns at world's largest gathering

### Performance Management training sessions

Get tips on making the most of your performance review.

### Curvita training sessions

Curvita is HSPH's new web-based system to manage faculty career information and training grant data. Sessions are open to all departmental staff who manage faculty CVs, biosketches, and/or training grants.

### One-on-one sessions with Fidelity

Schedule an appointment on March 26 or 28.

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