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SCHOOL OF PUBLIC HEALTH

Kiosk



School aims to broaden diversity, inclusion

A town hall meeting focused on ways to create a more welcoming climate for all.



Low-fat diet not most effective in long-term weight loss

Researchers say we need to look beyond ratios of calories from fat, carbs, and protein and instead focus on healthy eating patterns, whole foods, and portion sizes.



How racism impacts health

Public health professionals must not be afraid to use the word "racism" when they see health inequities linked to poverty, segregation, and lack of access to care. November 5, 2015









Event Highlights

Tobacco control policy in Israel

Laura Rosen November 5 12:30-1:30 PM FXB-G11

Forum: The modern slave trade

Live webcast November 10 12:30-1:30 PM

The changing landscape of identity

November 12 10:30 AM-Noon Kresge 201

Event calendar >

Research news

Improvements in U.S. diet lower premature deaths

Lack of access to specialists found in some ACA insurance plans

Prescription drug use is on the rise

Too little sleep or too much sleep may raise diabetes risk in women

Around the School



School gathers for fall social

On Wednesday, November 3, students, faculty, and staff enjoyed refreshments served by the School's senior leaders.

2016 benefits open

enrollment

The annual Benefits Open Enrollment for 2016 runs from Monday, November 9 through Monday, November 23. This is your chance to make changes to medical, dental, vision care, and insurance choices or open a Flexible Spending Account or Health Savings Account.

Listen to This Week in Health podcast

Each Friday, a new podcast from the School delivers top health headlines—from wellness tips to important global health trends. You'll also hear insight from Harvard Chan experts.

Every Last Child screening and discussion

Join the Department of Global Health and Population on Monday, November 9 for a panel discussion featuring clips from the documentary, *Every Last Child*. Experts and students alike will debate the need for sustained global efforts in the movement towards polio eradication.

New realities in care

Ashish Jha, director of the Harvard Global Health Institute, believes Harvard may have arrived at a global health moment, one in which its talent, leadership, and student passion make a dramatic impact.



Symposium gathers experts on oxidative stress and mitochondria

Cutting-edge work on molecular mechanisms involved in the cellular response to stress was the focus at the 18th annual John B. Little Symposium.

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