

Getting fresh with famed cookbook author Mollie Katzen

Mollie Katzen, author of the iconic vegetarian *Moosewood Cookbook* and charter member of the HSPH Nutrition Roundtable, encourages a flexible attitude towards food. Eat mostly plants, master a few dishes to cook at home, and if you want to be a "Häagen-Dazsian vegan" -- a vegan who avoids all dairy except ice cream -- that's ok. [Read more](#)



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Webcast TOMORROW: The Impact of the 2010 Elections on U.S. Healthcare Reform

Presented by The Forum at Harvard School of Public Health in Collaboration with Reuters

Friday, November 5
1:30-2:30 PM

Watch at www.ForumHSPH.org

[Learn more](#) about The Forum at Harvard School of Public Health.

Did you know?

Flu clinic

November 10
9:00-11:00 AM
Kresge Cafeteria

Free to all faculty, staff and students. Harvard ID required.

Please note: Health Services will only have a limited amount of vaccine at this clinic. The clinic will remain open until all doses have been administered, which might occur before 11:00.

[Benefits Open Enrollment](#)

Now through 8:00 PM on November 12, you can review and make changes to your participation in the University's health and welfare benefits including health, dental, life insurance, disability and Flexible Spending Accounts (FSAs). If you do not wish to make changes, you do not need to do anything, with

Event highlights

[Dean's Distinguished Lecture Series](#)

November 5
A Dean's Distinguished Lecture & Inaugural Lown Scholars Lecture: Global Cardiovascular Health

Global Cardiovascular Health Calls for Sustainable Development
[Srinath Reddy](#)

Two Roads: One Destination
[Bernard Lown](#)

3:45-6:00 PM
Reception to follow.
Kresge 502

November 9
Hope on the Horizon: A Vaccine to End AIDS. What Will it Take?

Seth Berkley
President, CEO
and Founder,

the exception of FSAs, which require an election each year.

You can view your current coverage and make changes on PeopleSoft. Log into PeopleSoft via [HARVie](#) using your HUID as your user name and your Harvard PIN as your password.

[Learn more](#)

Have questions? Contact the Benefits Office at
617-496-4001 or benefits@harvard.edu.

New research



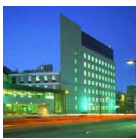
Sodas and other sugar-sweetened beverages linked to increased risk of type 2 diabetes, metabolic syndrome

A new study has found that regularly drinking soda and other sugar-sweetened beverages is associated with a clear and consistently greater risk of metabolic syndrome and type 2 diabetes. According to HSPH researchers, including lead author [Vasanti Malik](#), the study provides empirical evidence that intake of sugary beverages should be limited to reduce risk of these conditions. [Read more](#)

Study identifies more effective antiretroviral treatments for HIV-positive women in Africa

The World Health Organization has revised guidelines on the treatment of HIV-infected women and infants based on findings from an international study led by [Shahin Lockman](#), assistant professor in immunology and infectious diseases at HSPH and a physician at Brigham and Women's Hospital in Boston. [Read more](#)

Around the School



Faculty news

[Katherine Baicker](#) was awarded one of eight grants from The State Health Access Reform Evaluation (SHARE), a national program of the Robert Wood Johnson Foundation (RWJF), for her study *Using Behavioral Nudges to Improve Disease Management: Cost-Effective Strategies for Improving Care of Low-Income Diabetes*. The SHARE program funds quick-turnaround, policy-relevant studies aimed at identifying lessons to help states shape implementation of national health reform. [Learn more](#)

[Jorge Chavarro](#) was appointed assistant professor of nutrition and epidemiology.

International AIDS
Vaccine Initiative
(IAVI)

4:00-5:00 PM
Reception to follow
FXB G12

November 8
The Under-appreciated Burden: Chronic Illness in the Developing World

Harvey Fineberg,
president, Institute
of Medicine
former dean, HSPH
former provost,
Harvard University

5:00-6:00 PM
FXB G13

[Contact event organizer](#)