## The Kiosk HSPH E-News & Notices

#### U.S. Secretary of State Clinton visits Tanzania



Secretary of State Hillary Rodham Clinton visited the Buguruni Health Center in Tanzania last week. The site, associated with HSPH, offers reproductive and child health services.

Read more

#### **Quick Links**









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#### Smoking may boost risk of prostate cancer recurrence, death



A new study by Harvard School of Public Health (HSPH) and University of California, San Francisco, researchers suggests men with prostate cancer who smoke increase their risk of prostate cancer recurrence and of dying from the disease. Read more

#### **Kennedy Conference assesses** progress in tobacco control Award Given to Joseph Kennedy III



Joseph Kennedy III with Dean Julio Frenk and Greg Connolly

Experts on tobacco control from nonprofits and the scientific, academic, and legal communities convened at HSPH on June 22 to recognize the second anniversary of the Family Smoking Prevention and Tobacco Control Act, which was sponsored by the late U.S. Senator Edward M. "Ted" Kennedy (D-MA). The event was sponsored by HSPH, the

American Legacy Foundation, the Roswell Park Cancer Institute, and the Northeastern University School of Law. Learn more

### Modest changes in diet may impact long-term weight gain

### Use it by June 30 or lose it!

### Don't Forget the **Fitness** Benefit

Benefits-eligible faculty, staff, and postdocs on the regular HSPH payroll who work at least 17.5 hours per week may be reimbursed for up to \$350 per fiscal year in fitness equipment, classes, and services (\$550 for those who have worked at HSPH more than 5 years). For fiscal year 2011, purchases between July 1, 2010 and June 30, 2011, are covered. You must fill out the



The average American adult gains about one pound per year. A new study from HSPH researchers is helping to identify how modest changes in specific foods and beverages, physical activity, TV-watching, and sleep patterns

contribute to this gradual long-term weight gain. **Read more** 

# Alum freed from Iranian prison thanks supporters



Kamiar Alaei, who received a Master of Science degree from HSPH in 2007, thanked <u>David Bloom</u>, chair, Department of Global Health and Population at HSPH, and the Physicians for Human Rights organization for working for his freedom from an Iranian prison, the *Boston Globe* reported. *Read more* 

Bloom

#### Did you know?

Find a Farmers' Market Near You From Outings & Innings Read more

#### Thinking About a Will?

Save the Date: Wednesday, July 20, 2011, 12-1 PM, Countway Library, Minot Room Read more

**Harvard on the Move**: This summer, join the group of walkers and runners in the Longwood area. *Read more* 

Weight Watchers: Learn about our on-site meetings. Our health insurance plan will reimburse you for some of the cost. For info: Sarah Keeping at 617-432-0979 or skeeping@hsph.harvard.edu.

#### **Employee Assistance Program (EAP)**

1-877-327-4278

Mental health counselors, financial and legal advisors, child and elder care are among the consultants available to support various needs through the EAP. Check out the resources online as well. **Read more**  appropriate paperwork and submit receipts to Human Resources by July 15. To learn more about who is eligible, what exactly is and isn't covered, and what documentation is required, click here.

## HUCTW: Use your extra personal day

Per the HUCTW contract effective July 1, 2010, all HUCTW staff were awarded an additional personal day to be used by June 30, 2011. The time is added to the Floating Holiday Balance and is based on hire date.

**Learn more** 

## Around the School



Deadline for ASTMH Travel Award approaching

The for the American Society of Tropical Medicine and Hygiene Centennial \$25,000 Travel Award is July 20. The award facilitates

The Kiosk/HSPH Er	newsletter - June 23, 2011	international collaboration in basic science aspects of tropical infectious diseases and provides physicians or scientists the opportunity for field experience.  Learn more