

Welcoming new faces



Orientation for new students is August 27-31.

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The best diet? One you can follow



"Is there a magic bullet to losing weight? Probably not," said [Eric Rimm](#), associate professor in the departments of epidemiology and nutrition at HSPH and director of the Program in Cardiovascular Epidemiology.

In the fourth of HSPH's summer Hot Topics lecture series, held July 31, Rimm provided advice for those wanting to lose some pounds.

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Faculty blogs



[An Ounce of Evidence](#)

Ashish Jha, C. Boyden Gray Associate Professor of Health Policy and Management, launched a new blog that brings data to discussions about health policy issues.

[Health Stew](#)

Prof. John McDonough tackles the hot topic of Medicare in the presidential race in the latest entry of his blog on Boston.com.

HSPH researchers help Israel stamp out tobacco



Attendees at the first Israeli Conference on Tobacco or Health earlier this summer hoped to "make tobacco history" in the country, and they appear to have political will behind this goal. With the help of HSPH's [Greg Connolly](#) (pictured) and his

colleagues at the [Center for Global Tobacco Control](#), a comprehensive reform package including advertising restrictions, price increases, and cessation aid was passed into law last year. Public opinion polling now shows support for restrictions on smoking in public places and the Ministry of Health's Director General Ronni Gamzu has vowed to continue the fight to denormalize tobacco use. [Read more](#)

Research news and interviews

[Researchers identify 43 top public health strategies, from better playgrounds to higher tobacco taxes](#)

Government policies that make healthy foods more

Event highlight

[The Burden of CVD in Argentina and Cost-Effectiveness](#)



affordable, local environmental improvements that make streets more walkable, and media campaigns that promote healthy lifestyles are among the menu of 43 effective public health strategies identified in an American Heart Association (AHA) scientific statement published online August 20, 2012 in *Circulation*. [Dariush Mozaffarian](#), associate professor in the Department of Epidemiology, chaired the statement writing group.



[Studies explore micronutrients' effects in pregnant women and their children](#)

Micronutrients like vitamin B6, zinc, and iodine, when given to pregnant women, significantly improve their cognitive ability and boost their children's motor and cognitive skills, according to two new studies by HSPH researchers and their colleagues. The studies also show that micronutrients' positive effects are even more pronounced in pregnant women who are either undernourished or anemic.

[Blood type linked to heart disease risk](#)

People with blood types A, B, or AB have a higher risk for coronary heart disease than people with blood type O, according to a new study by HSPH researchers. Those with the rarest blood type, AB, had the greatest risk.

[Medicaid battle heats up on campaign trail](#)

[Impact of fluoride on neurological development in children](#)

[New tool predicts which doctors most likely to face patient complaints](#)

[Federal payment changes may harm hospitals serving poor](#)

[Impact of hospital rankings eyed](#)

[Abortion legal in Mexico City, but restrictions remain in rest of nation and many Latin American countries](#)

[Where do we stand in the fight against AIDS?](#)

[Malaria parasite genome provides clues on malaria drug resistance](#)

[Funding, political support critical for polio eradication](#)

[HSPH research pinpoints strategy for monitoring antiretrovirals' effects on children of HIV-infected mothers](#)

[Bird flu research needs broader discussion](#)

[Analyses of Major Prevention Interventions](#)

Adolfo Rubinstein,
Institute for Clinical Effectiveness
and Health Policy,
University of Buenos
Aires, Argentina

August 27
12:00-1:00 PM
Kresge 907

Save the date



**Harvard
Longwood Bike
Fair** September 19
11:30 AM-1:30 PM
HMS Quad,
Longwood Ave.

Got design skills?
[Submit a poster
design for the fair
by August 31.](#)