

## New from *Harvard Public Health*: Public health and the U.S. economy

*How the next U.S. president can stack the deck in favor of people's health and wealth in 2013*



Public health measures, including those aimed at improving health systems, have the potential to be economic engines. But these engines have been chronically underfunded and have received too little attention from lawmakers and voters. *Harvard Public Health* asked seven HSPH

experts from widely ranging fields to assess public health's vital but often overlooked role in the American economy.

[Read more](#)

## Replacing juice with water, fruits, and vegetables in afterschool programs cuts calories



One in three U.S. children are overweight or obese, and growing evidence points to the empty calories they consume from sugary beverages as a substantial part of the problem. A new study by HSPH researchers finds

that efforts to serve children in afterschool programs plain water and replace juice with whole fruits and vegetables dropped the calories they were consuming in liquid form by nearly 70 per day. [Read more](#)

## Around the School

### Upcoming events and opportunities

[The Healthcare Quality and Equity Action Forum: Preparing for a Changing Healthcare System](#)

September 24-25

Boston Seaport Hotel and World Trade Center

This event is convened by the [Disparities Solution Center](#) at Massachusetts General Hospital and hosted by [Joseph Betancourt, MPH '98](#).

### Bike fair rescheduled

The Harvard Longwood Bike Fair has been rescheduled to September 25 from 11:30

### Quick Links



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### It's flu shot time



**Dean Frenk receiving a flu shot during a 2009 clinic**

Harvard University Health Services Flu Clinics at HSPH  
October 4, 11, 25  
9:00-11:00 AM  
Kresge Cafeteria

Free to faculty, staff, and students. Harvard ID required. Please note that doses are limited and may run out early.

### Event highlights

**Register now**  
[Fifteenth Annual John B. Little Symposium](#)

Cancer stem cells and tumor metabolism



AM-1:30 PM, HMS Quad (outside Courtyard Café). Take advantage of free tune-ups, giveaways, resources, classes, freecycle, and more. HUID holders only.



[Improve your communication skills with HSPH Toastmasters](#)

Next meeting: Sept. 26, 12:30-1:20 PM, FXB G11

Brush up your public speaking and leadership skills in a supportive, self-paced environment that includes both staff and students.

**Faculty news**

[Peter Berman](#) has re-joined the HSPH faculty as professor of the practice of global health systems and economics in the Department of Global Health and Population.

Majken Jensen has joined the HSPH faculty as assistant professor of nutrition, in the Department of Nutrition.

October 26-27

**Research news and interviews**



[Young doctors in love -- with primary care](#)