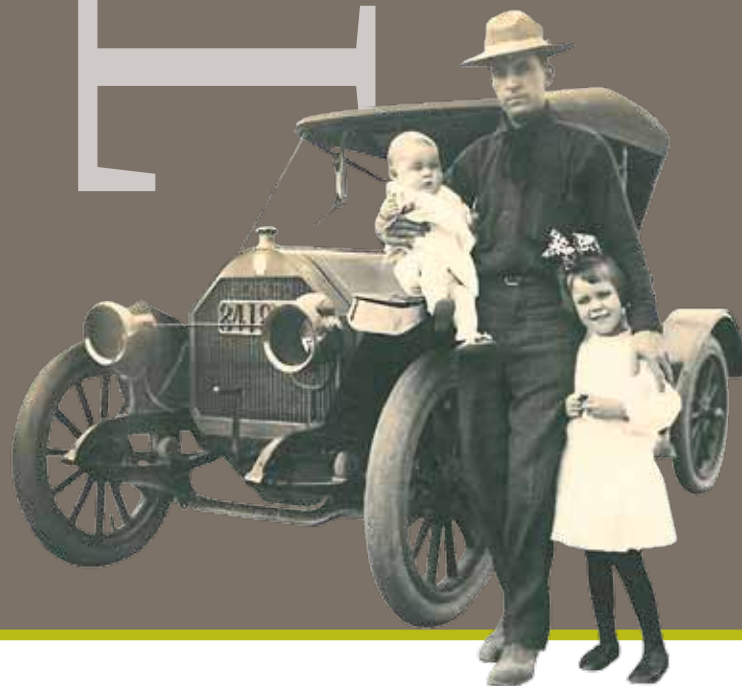


# We've Come a Long Way

# Then



All figures refer to the U.S. "Then" ranges from 1900 to 1920.

## AVERAGE U.S. LIFE EXPECTANCY

Overall: 52.5  
Male: 50.3  
Female: 55.0

## TOP CAUSES OF DEATH

1. Diseases of the heart
2. Tuberculosis

## INFANT MORTALITY (PER 1,000 LIVE BIRTHS)

99.9 deaths

## MATERNAL MORTALITY (PER 100,000 LIVE BIRTHS)

610 deaths

## MAIN CONSTITUENTS OF DIET (AVERAGE ANNUAL CONSUMPTION IN LBS.)

Red Meat (beef, veal, lamb, pork, mutton) 143.7  
Chicken & Turkey 19.4  
Fats & Oils 36.8  
Fruits (fresh, canned & dried) 142.8  
Vegetables (fresh, canned) 205.5  
Butter & Cheese 20.9  
Caloric Sweeteners  
Sugar Cane & Beet Sugar (refined) 81.3

## SMOKING PER CAPITA

260 cigarettes

## HOSPITAL BEDS

682,481

## BACHELOR'S DEGREE OR HIGHER

2.7% of persons age 25+

## TOTAL US POPULATION

97,230,000

## TOP FIVE OCCUPATIONS

Total workers 36.7 million  
Agriculture 11.3 million  
Manufacturing & hand trades 8.3 million  
Transportation & other public utilities 3.2 million  
Trade 3.5 million  
Construction 2.3 million

## PERCENT OF HOMES WITH INDOOR PLUMBING

1%

## PERCENT OF POPULATION IN URBAN VS. RURAL AREAS

Urban: 45.6%  
Rural: 54.4%

## AVERAGE U.S. LIFE EXPECTANCY

Overall: 78.7 years  
Male: 76.3 years  
Female: 81.1 years

## TOP CAUSES OF DEATH

1. Heart disease
2. Cancer

## INFANT MORTALITY (PER 1,000 LIVE BIRTHS)

6.15 deaths

## MATERNAL MORTALITY (PER 100,000 LIVE BIRTHS)

21 deaths

## MAIN CONSTITUENTS OF DIET (AVERAGE ANNUAL CONSUMPTION IN LBS.)

Red Meat (beef, veal, lamb, pork, mutton) 105.7  
Chicken & Turkey 69.4  
Fats & Oils 78.6  
Fruits (fresh, processed) 257.0  
Vegetables (fresh, processed) 390.9  
Butter & Cheese 37.7  
Caloric Sweeteners 130.7  
Sugar Cane & Beet Sugar (refined) 63.5  
Corn sweeteners, including high-fructose corn syrup 65.7

## SMOKING PER CAPITA

1,691 cigarettes

## HOSPITAL BEDS

924,333

## BACHELOR'S DEGREE OR HIGHER

30.9% of persons age 25+

## TOTAL US POPULATION

316,160,000

## TOP FIVE OCCUPATIONS

Total workers 142.5 million  
Management, professional & related occupations 54.0 million  
Sales & office occupations 33.2 million  
Service occupations 25.5 million  
Production, transportation, material moving 17.0 million  
Natural Resources, construction & maintenance 12.8 million

## PERCENT OF HOMES WITH INDOOR PLUMBING

98.8%

## PERCENT OF POPULATION IN URBAN VS. RURAL AREAS

Urban: 80.7%  
Rural: 19.3%



# Now

## FASTEST-GROWING JOBS, PROJECTED INCREASE FOR 2020:

Personal Care Aides: 70.5%  
Home Health Aides: 69.4%  
Biomedical Engineers: 61.7%

"Now" ranges from 2006 to 2013. For further information and citations, go to [www.hsph.me/then-and-now](http://www.hsph.me/then-and-now).