



Prevent FISTULA

Continuous leakage of urine, faeces or both from the private parts after a difficult delivery

- 1** Provide proper nutrition to a girl child for normal growth
- 2** Delay marriage till after the age of 18 years
- 3** Attend antenatal clinic at least 4 times during pregnancy
- 4** Give birth in a health facility with the help of a skilled health worker.
- 5** Use Family Planning to avoid unintended pregnancy

For more information visit the following hospitals:

- 1. Arua Hospital, Arua
- 2. Kagando Hospital, Kasese
- 3. Kamuli Hospital, Kamuli
- 4. Kitovu Hospital, Masaka
- 5. Lacor Hospital, Gulu
- 6. Mbale Hospital, Mbale
- 7. Mulago Hospital, Kampala
- 8. Soroti Hospital, Soroti



This poster was produced by
The Ministry of Health in
collaboration with EngenderHealth